

2 - STRAND FLAT TWIST

2-Strand Flat Twist is the perfect style to achieve curls with fullness and body or a neat off the face look. *Ideal for wavy to tightly coiled textures.*



TOOLS

- *Natural Defining Crème Gel*
- Wide Tooth Detangling Comb
- Large Tooth Tail Comb
- 4 Butterfly Clips
- 5 Orange Perm Rods

HAIR TYPE

- Hair Texture** - Curly
Curl Pattern - Curls from root to mid-shaft
 Ends are straight due to flat iron use
Hair Length - Long Layers
Hair Condition - Color treated ends
 Requires moisture and curl



HAIR PREP

- Shampoo with *Natural Curl Cleanser*
 Condition with *Natural Moisturizing Conditioner*
 Moisturize with *Natural Daily Moisturizing Lotion*

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STEP 1

Detangle and section hair leaving a 1 1/2 inch vertical section directly in the middle from front of hairline to nape and secure left & right sides for control.



STEP 2

Apply enough *Natural Defining Crème Gel* to coat the section and comb through for even distribution.



STEP 3

Starting at the hairline, take 2 strands and criss-crossing an X. Continue criss-crossing strands picking up a little hair as you twist until you reach the end. Secure with a perm rod.



STEP 4

Repeat technique on both sides until entire head is complete.



STEP 5

Sit under pre-heated hooded dryer to set the style and allow product to dissipate. Then loosen twists to create volume and hide parts.



FINISHED LOOK

GLAM!